

Test Kit Instructions

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Instructions for Stool Collection for Faecal Ova, Cysts & Parasites (FOCP)

Please read the instructions carefully.

You are required to provide a single stool sample.

You will need:

- Blue-capped faecal container (Provided)
- Cardboard collection tray (Provided)
- Small clear sample bag (Provided)
- Disposable gloves (Provided)
- Absorbent pad (Provided)
- Sample request form (Provided)

Stool collection instructions:

1. Collect your stool specimen into the cardboard collection container. **Do not** contaminate the specimen with either urine or water from the toilet. A solid stool sample is required. Discard and repeat the collection if the first is unsuitable.
2. Unscrew the cap from the blue-capped faecal container and, using the attached spoon, transport the stool specimen into the vial. Take multiple portions from different areas of the collection container. Fill the vial to at least half-full - DO NOT OVERFILL. Screw the cap on tightly.
3. Label the blue-capped faecal container with:
 - **Full name**
 - **Date of Birth**
 - **Sample collection date**
4. The remaining sample in the cardboard collection container can be discarded.
5. Refrigerate the sample tube within the clear sample bag if there is any delay before the sample is submitted to the laboratory.

Posting the sample:

1. Place the blue-capped faecal container into the clear sample bag and seal.
2. Place the provided sample request form into the pocket of the clear sample bag.
3. Place the bag into the cardboard box and seal.
4. Place the box into the grey postal bag with return label and seal.

IMPORTANT NOTE

The sample for this test must reach Viva Health Laboratories on the day of collection.

Refrigerate if there is any delay before transporting.

We cannot process samples without all patient details included above, written on the faecal container.

These MUST match the sample request form received with this sample.

If you have any further questions, please do not hesitate to contact us using the details in the header of this letter.