NHS

Black Country Pathology Services

Blood Spot Collection Device Instructions

Version 2.1, 2021

Preparation

- Fill in personal details and date on the collection device.
- Wash hands with warm water and towel dry.
- Massage finger to be bled from the palm towards the tip and clean with alcohol wipe and then dry.
- **Middle or ring finger on left hand (if right-handed) is best.**

Collecting the blood spots

- Twist and remove protective cap from the single-use lancet *(see picture A)*.
- Press white tip firmly against the side of the cleaned fingertip to pierce the skin *(see picture B)*.
- Wipe away the first show of blood.
- Gently squeeze the finger and allow up to four large drops of blood, at least as big as the size guide *(see picture C)*, to fall onto the card.
- The blood drop can be placed on the card by gentle touch but **avoid pressing the finger tip against the card**.
- **Don't** apply more than one drop of blood in the same place. If a spot is poor move on to the next position *(see picture D for good and poor spots)*.
- Cover finger with plaster.

Posting

- Close and seal collection card and send to laboratory or give to your health professional.

Picture A

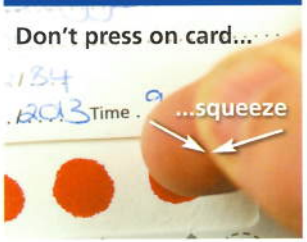


Picture B

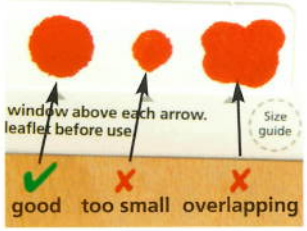
Press white tip firmly against *side* of fingertip



Picture C



Picture D



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