Test Kit Instructions

New Lodge, Drift Road, Windsor, SL4 4RR Tel: 0330 088 3030
Email: support@vivahealthlaboratories.com Website: vivahealthlabs.com

Viva Health Laboratories

Instructions for Swab Collection for MRSA Screening

You are required to provide a swab from the nose and a second swab from the groin for this test.

To prevent any contamination avoid touching the swab tip or stick.

You will need:

- 2 x TRANSWABs Amies swabs (blue caps) in sealed packs
- Sample bag (Provided)
- Sample request form (Provided)
- Cardboard box for return of samples.

Swab collection instructions:

Nose

1. Peel open one of the swab packets.
2. Remove the top of the white transport tube.
3. Remove the swab by grasping the blue top. Do not touch the length of the swab or the white cotton bud.
4. Insert the white cotton bud into your nose and gently rotate around the nostril.
5. Repeat with the other nostril (using the same swab).
6. Insert swab into the white transport tube, and push cap down firmly to close.
7. Label the swab transport tube with:
   - **Full name (First name and last name)**
   - **Date of Birth**
   - **Home post code**
   - **Sample collection date & time and specimen origin (“Nose”)**

Groin

8. Lift / lower your clothing so that you can reach your groin area.
9. Peel open the last swab packet.
10. Remove the top of the white transport tube
11. Remove the swab by grasping the blue top. Do not touch the length of the swab or the white cotton bud.
12. Move white cotton bud several times across the skin in the crease of your groin (the area between your leg and underwear)
13. Repeat on the other side of your groin (using the same swab)
14. Insert swab into the white transport tube, and push cap down firmly to close.
15. Label the swab transport tube with:
    - **Full name (First name and last name)**
    - **Date of Birth**
    - **Home post code**
    - **Sample collection date & time and specimen origin (“Groin”)**

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Posting the sample:

1. Place the swab containers into the sample bag and seal.
2. Place the provided sample request form into the pocket of the clear sample bag. Ensure all details are filled in correctly on sample request form.
3. Place the bag into the supplied cardboard box and close.
4. Place the box into the grey postal bag with return label and seal.

IMPORTANT NOTE

We cannot process samples without all patient details included above, written on the swab tubes.
These MUST match the sample request form received with this sample.

It is essential that samples are posted promptly after collection between Monday - Thursday, to minimise delays in the laboratory receiving the sample over the weekend and to ensure suitable sample stability.

If you have any further questions, please do not hesitate to contact us using the details in the header of this letter.