

Instructions for 24-hour urine collection

A 24-hour urine collection span is required to ensure accuracy in results.

To prevent any contamination avoid touching the inside or the edges of the small 50ml urine container.

You will need:

- Large clean collection container with a lid
- Small 50ml urine container (Provided)
- Absorbent pad (Provided)
- Small clear sample bag (Provided)
- Sample request form (Provided)

Urine Collection instructions:

1. Start the collection of urine when you wake.
2. Empty your bladder in the morning and discard this.
3. Using the large container, collect all urine passed for the following 24 hours.
4. Once completed, mix the urine obtained over the 24 hours in the large container.
5. Label the small 50mL urine container with:
 - Full name
 - Date of birth
 - Sample collection date
6. Pour the urine sample from the large container into the labelled small 50mL container.
7. The remaining sample in the large container can be discarded.
8. The small 50mL container should be sealed securely with the lid.
9. Refrigerate the 50mL container until time of posting.

Posting the sample:

1. Place the 50mL container into the clear sample bag along with the absorbent pad and seal.
2. Place the provided sample request form into the pocket of the clear sample bag.
3. Place the bag into the white cardboard box received with the kit and seal with the provided sticker.
4. Place the white box into the grey postal bag with return label and seal.

IMPORTANT NOTE

We cannot process samples without all patient details included above, written on the 50mL urine container. These MUST match the sample request form received with this sample.

If you have any further questions, please do not hesitate to contact us using the details in the header of this letter.